Ruth's Table

Since 2009, Ruth's Table is using the power of creativity and intergenerational relationships to build a more inclusive, resilient, and connected community. Today, it is more important than ever to fight loneliness and isolation with love for our elders. From delivering creative care kits, language-based connections, virtual programs and exhibitions, to partnerships, we are facilitating avenues of creativity, learning, and empowerment to support and uplift our most vulnerable communities.

Creative Spark



Created in partnership with RT, Creative Spark provides consultation, curriculum, and training for organizations and professionals working in engagement programs with older adults and individuals living with dementia.

715 creative care kits delivered

With encouragement that I received in class, I learned that I too am an artist. I learned the joy of celebration of self and so enjoyed the artist in me.

11

- Louise M., participant



1,415

older adults reached in response to pandemic

71%

of respondents said RT has changed their perception of communities designed for older adults and adults with disabilities

We strive to promote visibility, recognition and positive images of older adults; the work we exhibit is vibrant, cutting-edge and important regardless of the artist's age.

75% of our exhibiting artists are age 60+ and adults with disabilities

100% of respondents found the program to be beneficial



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Connec

At Ruth's Table, you see multiple generations listening to and learning from each other, making lasting connections. Cutting through social isolation, always a risk for seniors, is a beautiful benefit of creative programs at Ruth's Table.

- Irene Carvajal, Artist

Creative Spark inspired me to re-examine what it means to be creative and to step out of my comfort zone.

- RT Participant



85% of respondents found the programs helped them feel more connected



